MAYOR’S CHRISTMAS PARADE

SUNDAY
DEC. 2, 2018
AT 1PM
Hampden Community Council Board of Directors

Executive Officers
Matthew Stegman, President
hccpresident@gmail.com
Mary Rose Cook, Secretary
maryrosecook@gmail.com

2018-19 Board Members
Katharine Fernstrom, Newsletter Chair
Martin Burian, Treasurer
Jeanne Davis, Membership Chair
Chas Eby, Website Chair
Daniel Ewald, Vice-President

HCC CONTACT INFO
Matthew Stegman, President
HCC, PO Box 19957
Hampden, Maryland 21211
hccpresident@gmail.com
www.hampdenhappenings.org

HCC CONTACT INFO
Mary Rose Cook, Secretary
hccsecretary@gmail.com
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DECEMBER HCC MEETING
There is no December meeting. The next HCC meeting is next January on 28th, 2019.

Plan to join us at 7:00 pm at the Roosevelt Park Recreation Center on West 36th Street. The agenda will include committee updates and discussions of the most important issues of the day for business owners and residents of Hampden.

7:00-7:05 pm: Welcome
7:05-7:30 pm: Committee updates
7:30-8:00 pm: New business

Treasure of Wine. In addition, many in attendance enjoyed a barbecue dinner from the Blue Pit BBQ. All in all, everyone in attendance had a great night, especially, Amber Hope who won a free paint night for her friends which was offered by Teresa as a door prize. Thanks Cara Bruce of Blue Pit BBQ for hosting the HCC Paint Nite. The funds raised from this paint night will be used by the Hampden Community Council to benefit the residents of Hampden. Look for additional fun, fundraisers in upcoming months, including a Happy Hour and bingo night at Blue Pit BBQ.

Get in Touch With the HCC
President’s Email: hccpresident@gmail.com
Crime and Safety Committee: hampdencommunitysafety@gmail.com
Zoning and Land Use Committee: hampdenzoning@gmail.com
Fundraising Committee: hampdencouncil@gmail.com
Education Committee: hcceducationcommittee@gmail.com
Clean and Green Committee: sustainablehampden@gmail.com
Treasurer: hcc treasurer@gmail.com
Submissions & Advertising: hampdennewsletter@gmail.com

Happy Hour at Blue Pit BBQ
1601 Union Avenue
Baltimore, Maryland 21211
January 14, 2019
7pm ’til 9pm
Proceeds from Blue Pit BBQ sales for the Happy Hour to Support the Hampden Community Council, Inc.

Questions: Mary Rose: (410) 986-0844

Let Me Make Your Real Estate Wishes Come True
Genie Schwind
Long & Foster Real Estate, Inc.
1331 W 36th Street
Baltimore, MD 21211
410-899-9800 Office
410-615-5815 Cell

Historic Hampden Happenings is distributed to residents, organizations and businesses throughout Greater Hampden.

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Hampden Community Council
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Celebrating City Lights Win
By Kathy Krampins

On Thursday October 25th, the HCC hosted a festive Halloween happening at the Sweeetside Cafe. In accordance with winning the Baltimore City’s Lights Festival Neighborhood contest, the HCC was required to give back to the neighborhood. We did so by sponsoring a showing of the original “Ghostbusters” movie on the deck of the Sweeetside Cafe. The teripred souls that braved the chilly temps were treated to free popcorn, cookies and scrumptious donuts. Many thanks to Pamela and her staff for the wonderful evening and we look forward to hosting more events with our Sweeetside friends.

Successful “Paint Night”
By Mary Rose Cook

On November 2, 2018 Hampden residents and their family and friends joined together at the Blue Pit BBQ (1601 Union Avenue) for a paint night to benefit the Hampden Community. Teresa Grant of Happy Meadows led us in the painting of the iconic Hampden Pink Flamingo. Each painting had the same basic design, every painter added their own unique touches. See the photograph of our group displaying our masterpieces. Each of the painters was treated to a free glass of wine. In addition, many in attendance
Hampden Family Center: News and Events
By Lisa Chonger / 104 West 36th Street / Baltimore, MD 21211 / 410-467-8710 / www.hampdenfamilycenter.org

Christmas Angels – Wishes Can Happen
We are hosting Christmas Angels this season, and it’s not too late to ‘be an angel’ and provide gifts to children in our community who need them. If you are interested in being a Christmas Angel for a child in our community, please contact Pam Viel who will give you a child’s age, gender and toy wish list. You can make a child’s wish come true this Christmas.

If you are in need of a Christmas Angel for a child 12 and under, stop by the Center to sign up for your child. Children 12 and under may request three toys as a wish from their Christmas Angel. Children’s wishes can come true!

Annual Holiday Party
Saturday December 8th from 11:00am-5:00pm. Refreshments and yummy treats while visiting. Seating is limited. Free, but advance registration is required as space is limited so please don’t wait!

WIC
If you have children 5 years and younger and/or pregnant or 6 months postpartum, please visit our new location and speak with Rhonda from WIC. By appointment only – please call 410-614-4848. WIC is on site the second Thursday of each month. Thursday, December 13th 9:00am – 5:00pm.

Senior Luncheon
Friday, December 21st from 11:00 am – 1:00 pm. Get into the holiday spirit and join us for lunch and festivities. In addition to sharing a hot meal with friends you can play a few rounds of Bingo. Senior Luncheons are free, but advance registration is required as seating is limited.

GE Class
Don’t forget you can earn your General Equivalency Diploma with the Hampden Family Center. The Winter/Spring semester starts on Monday, January 16, 2018 and will meet every Tuesday and Thursday evenings. Registration for classes is by appointment only and will be held January 9th, 10th & 11th at Strong City Baltimore – 3503 North Charles Street. For more information and for registration, please call Strong City Baltimore at 410-561-0022.

The Family Center would like to wish everyone a Merry Christmas and a Happy Holiday. We thank you for your support over this past year and wish you a very Happy New Year! May 2018 bring you only the very best.

Community Concerts at St. Thomas Aquinas Church
Chamber Music concert featuring Swiatoslaw Kuznik, violin; Dr. Aneta Otreba, cello; Christina Rahardjo, piano; performing Clara Schumann Piano Trio and others on Sunday, 12/9/18 at 2 pm.

This concert is open to the public and free.

Hampden Holidays at Family Center

On Saturday, Dec. 8, the Center will host the Annual Holiday Party. This festive event is a special time for families who may not otherwise have the resources to celebrate the holidays. And that’s where YOU come in!

The Center is accepting donations of toys and gifts less than $15 for children ages 0-12. Drop off your unwrapped gifts to the Center by Monday, Dec. 3. A simple gift makes a big difference!

Free Clothing Giveaway and…

Second Saturday of the Month
10 a.m. to 2 p.m.
Wooden Church of the Brethren
W. 38th and Poole Streets
(please use basement door entrance.)

December 8th

Hampden Family Center: News and Events
By Devon Ellis
Baby and Toddler Storytime
Wednesday mornings at 10:30 - 11:30 am, birth to 36 months, with their caregivers. Bring Babies and Toddlers to the library to enjoy our lap program, with music, rhythm, songs, fingerplays, nursery rhymes, a story, and movement.

Preschool Storytime
Thursday evenings at 6:30 - 7:00 pm, for ages 3-5, with their caregivers.

Preschoolers can enjoy stories and early literacy activities, such as songs, fingerplays, nursery rhymes, and poetry.

Built By Imagination:
Wednesdays at 3:30 - 4:30 pm, for kids ages 3-12
Build with Lego Classics, Lego Duplos, and Bristle Blocks.

Services at the Hampden Library:
+ Public computers with Internet access
+ Free Wi-Fi
+ A computer with children’s programs
+ Graphic novels for kids, teens, and adults
+ Events, including weekly baby and toddler, and preschool programs
+ Computer printers – 5 free prints per day (additional copies only 10¢ each)
+ Photocopying machine
+ DVDS and audiobooks
+ Materials can be sent here for local pickup and returned here or to any Pratt location
+ Applying for a job online
+ On-street parking

Best wishes for a wonderful Holiday season and a peaceful New Year! Stock up on plenty of holiday reading and viewing from the Hampden Library!
What’s New at St. Mary’s Outreach Center
By Tasha Cornish / 3900 Roland Avenue / Baltimore, MD 21211 / 410-366-3106 / www.smocbaltimore.org

**Hampden Historic Churches Open House Tour**
On December 8, from 12 PM to 3 PM, you will have the opportunity to explore eight historic churches right in our neighborhood. The Greater Hampden Heritage Alliance is organizing this event and we are proud to collaborate with them to serve the information hub. Stop by St. Mary’s to get your physical copy of the site list and information from the Greater Hampden Heritage Alliance organizers. We will partner with our fellow building-mates, the Baltimore Shakespeare Factory, to have refreshments and activities. Come join the (free) fun!

**Handling the Holidays**
This time of year can remind us of those we have lost and who we miss, even when we think we have “gotten over” the feelings of sadness. For many of us, there can be ongoing family conflicts and wounds that have not yet healed. When we are around them, we can fear that these conflicts will continue and the wounds will reopen.

Last December, our Clinical Director, Elizabeth Smith, LCSW-C, shared some of these tips with audience of her workshop, Handling the Holidays. If you would like to explore any of these further, give Liz a call at 410-366-3106.

1. **Know yourself well.** Pay attention to the things that are stressors for you. Identify strategies to decrease that stress.
2. **Seek support.** Talk with trusted friends and family members. Counselors can help identify ways to cope with the stress and grief.
3. **Know your limits.** This applies to time, energy, and finances. Seek to find a balance in how you spend these valuable resources.
4. **Honor your grief.** Explore how to remember the loved ones you have lost. There are creative ways to help us continue to feel connected to them.
5. **Balance is the key.** Seek ways to enjoy the food, people, and giving that characterizes these holidays, but in ways that neither deprive nor overindulge.
6. **Be realistic.** Check your expectations. We are not able to change others, but we can change our expectations and how we respond to others. It is ok to say ‘no’ and to speak up.
7. **Maintain self-care.** Make sure to maintain habits such as exercise, healthy eating, prayer, and whatever else nurtures you. The additional holiday activities can be scheduled and managed around the typical habits.

Fair Trade Rug Event
By Kristin Wiehe

From December 5 – 8, the North Baltimore Mennonite Church will turn itself into a fair trade rug bazaar, bringing in fair trade Buniyad rugs from their year-round location at Ten Thousand Villages in Ephrata, PA.

All of the rugs available come from 850 families in over 100 villages across Pakistan. Buniyad, meaning “building foundations,” provides artisans with training, a loom and raw materials to work on in their village homes. Over half of the artisans are women. Men and women are paid an equal and fair wage for their work, and each artisan chooses the colors and designs they work with.

“For faith isn’t just about paying people fairly,” explains Jenni Leister, Buniyad Director of Operations. “It’s about treating artisans with respect and dignity. Every rug in our collection is unique.” Everything is done by hand, from dyeing the wool to tying the fringes. Many of the rugs are made with natural dyes collected in the region. Made with high-quality, linen-rich wool, these rugs are naturally very durable and stain-resistant. They are made to last for generations.

In 2006, northwestern Pakistan experienced a devastating earthquake. Homes were destroyed, lives were lost, and many were without jobs. Buniyad has recently set up a training facility for women who, ten years earlier, were children without homes. These women are now able to learn a trade, and when they complete the program, they take a loom back to their home and teach other family members.

Each artisan works at his or her own pace, because their looms are in their own home. Working at home means they can weave and take care of household tasks as needed. Some of the pieces, such as a 9’x12’ room-sized rug with 350 knots per square inch, take free artisans working side-by-side, roughly six hours a day, approximately one year to produce.

“It really makes the world a more peaceful and just place,” Leister says. “Every day we vote with our economic dollar. This Baltimore community has realized that if they want to be the change they wish to see in the world, they shop fair trade.”

Stop in to see and learn more about these gorgeous, hand-knotted rugs December 5 – 8, 2018 at the North Baltimore Mennonite Church, 6405 Roland Avenue. More information at rugs.ten thousandvillages.com.
IF YOU’RE INTERESTED IN THE FUTURE OF HAMPDEN, please consider joining the Hampden Community Council. The HCC is a voice for everyone in Hampden – homeowners, businesses, teenagers, seniors, newcomers and old-timers. The more members we have the farther your voice can reach. Your membership fee supports our newsletter and improves our community through education, clean & green and zoning committees, to name a few. Help Hampden continue to thrive.

**HCC MEMBERSHIP REGISTRATION**

<table>
<thead>
<tr>
<th>□ NEW MEMBER</th>
<th>□ RENEWING MEMBER</th>
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Name(s) ____________________________________________

Street Address ______________________________________ Zip ______

Phone ___________________ Fax ___________________ Email ___________________

Business Name (if registering for a business membership) ___________________________________

□ INDIVIDUAL ($10) □ FAMILY ($15) □ BUSINESS ($25) □ $_____ ADDITIONAL DONATION

In addition to my HCC membership, I would like to serve on/learn about the following committee(s): (OPTIONAL)

- _____ Zoning
- _____ Crime & Safety
- _____ Membership
- _____ Education
- _____ Fundraising
- _____ Newsletter Distribution
- _____ Clean & Green

Please make checks payable to Hampden Community Council. The HCC is a non-profit 501(c)3 Organization. All dues and additional donations are 100% tax deductible.

Please fill out this application and mail it, along with your check, to:

Hampden Community Council
ATTN: MEMBERSHIP
PO Box 19957
Baltimore, MD 21211