Historic Hampden Happenings is distributed to residents, organizations and businesses throughout Greater Hampden.

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The HCC is a 501 (c) (3) nonprofit organization.

hampdencommunitycouncil.org
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Cover photo courtesy of Thread
Thread volunteers pose by ACCE mural

Happy Homecookin’!

Ingredients:
- Relish
  - 2-3 large garlic cloves
  - 2 small jalapeno chilies split & seeded
  - 1 large cucumber, peeled, seeded, roughly diced
  - 3 scallions sliced
  - 3 tablespoons Asian rice vinegar
  - 4 tablespoons Thai nam jin fish sauce
  - 2 tablespoons peanut / sunflower oil
  - ¾ teaspoon each salt and sugar
  - Fish:
    - 4 orange roughy fillets / firm white fish
    - 1 teaspoon ground cumin
    - 4 tablespoons nam pla / fish sauce
    - 1/2 cup rice
    - 1 tablespoon peanut / sunflower oil
    - Cilantro leaves

By Jon Emets

I love fried fish… who doesn’t? But let’s face it, most recipes are fairly plain Jane: Breadcrumbs, or flour maybe with seasoning, dressed up with a squeeze of lemon, or some tartar sauce. Comforting, but let’s turn it up to 11: Crispy bright golden-hued fish with emerald patches of cilantro peeking out, crowned with a spicy, savory jalapeno & cucumber relish, savory, courtesy of fish sauce and vinegar.

If using basil, use only Thai: its piquancy is unmatched by its Italian cousins. Tweak the relish to your taste. Served with hot jasmine rice, this dish will always delight.

Hampden Homecookin’: Thai-Style Fish with Cucumber Relish

NOVEMBER HCC MEETING

The next HCC meeting is on Monday, November 26th, 2018.

HCC meeting will be held at 7:30 pm. The HCC meeting will be at Cafe Hon.

Paint Night at Blue Pit BBQ

1621 Union Avenue
Baltimore, Maryland 21231

November 5, 2018
7pm ‘til 9pm

$45 | Class of wine included w/ cost

Raffle to win a free paint night for you and your friends! Proceeds to support the Hampden Community Council, Inc.

Mail check to:
HCC, Inc. | P.O. Box 19957
Hampden, Maryland 21211

https://www.venmo.com/HampdenCommunityCouncil

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**Hampton Family Center: News and Events**

By Lisa Ghinger / 1104 West 36th Street / Baltimore, MD 21211 / 410-467-8710 / www.hampdenfamilycenter.org

Taste of Hampden: Huge Success!

Hampton Family Center extends a huge thank you for a wonderfully successful Taste of Hampden 2018! We celebrated the community’s culinary scene at Union Craft Brewing at Union Collective. Union Craft was the quintessential host—donating and serving their signature brews and space for our event. More than 320 guests, a record number for Taste of Hampden, enjoyed Hampton’s incredible restaurants. The silent auction featured the community’s unique boutiques, restaurants and businesses. The event raised more than $27,000 in support of the Center’s programs and services. We are grateful to everyone for their generous donation of time, talent and treasure. Thank you to the following for participating this year!

- The restaurants: 13.5% wine Bar/ Asian Taste/ Blue Fry BBQ & Whiskey Bar/Cafe Hon/ Chuck’s Trading Post/ Common Ground/ Dylan’s Oyster Cellar/ Five & Dine Ale House/ Frazier’s on the Avenue/Harmony Bakery/Holy Frijoles/Luigi’s Italian Deli/ Ma Petite Shoe/Rocket to Venus/Royal Bakery/Stephanie Murdock/ Sugar/Sweet Side Café/TROHV/ Meadowmill/Stephanie Murdock/Paulie Dee’s/Hampden Sachs Photography/Souvlaki/Woodberry Church of the Brethren/ WIC
- For women with children five years and younger and/or if you are pregnant or six months postpartum, you can apply for WIC, by appointment, at the Center. Call: 410-614-4148
  
  Date: Thursday, November 8th (every second Thursday of the month) Schedule: Second Thursdays 9am – 7pm

- Seedco EarnBenefits
  
  Assists in retaining benefits such as food stamps, utilities support, a government issued cell phone and tax credits. Call for Appointments with Ashley: 410-467-8710
  
  Schedule: Monday – Friday, 9am – 5pm

- Fitness for 50+
  
  An exercise class for those 50 and older!
  
  Led by a trained professional from MedStar Union Memorial Hospital features low-impact aerobics and strength training. Schedule: Tuesdays at 10am – 11am

- Life Balance/Weight Management
  
  A FREE, 16-week, one time class, focuses on helping participants to make healthy lifestyle choices to decrease the risk of diseases such as type 2 diabetes, stroke and heart disease. The program is facilitated by a registered nurse. Topics include: Effective ways to lose and maintain weight loss, healthy eating, fitness, exercise, coping skills, problem solving, and ways to manage stress. Call the Center for more information.
  
  Schedule: Tuesday at 11am

- Yoga for Beginners
  
  Yoga with Kerry Martinez, a certified yoga instructor, will teach a one-hour beginner’s class for 8 weeks.
  
  Date: Monday, September 17th – November 9th Schedule: 11am – 12pm

- After School Enrichment Program
  
  The After School Enrichment Program provides daily positive youth development activities to children in grades 1 through 5. Focuses on strengthening and improving skills through applied learning and enrichment activities such as art, music, science, and athletics. Children are picked up from Hampden Elementary/Middle School each day. Schedule: Monday – Friday: 2:30 – 5:30 p.m. Cost: $3.00 per child, per month

- Study Buddy offers one-on-one, free, tutoring for students in grades K-12. Students are matched with volunteers for one-on-one tutoring. Call Adam at 410-467-8710 to discuss your child’s needs. Schedule: Thursday 6:00pm – 7:00pm

- Adult Literacy/GED
  
  To help you brush up on the skills you need to earn your General Equivalency Diploma (GED). Registration for classes is by appointment only. For more information and a Registration Appointment, please call Strong City Baltimore at 410-261-0022. Schedule: Every Tuesday and Thursday, January 15 – June 6, 2019, 5:30pm – 8:30pm

- Annual Christmas Party
  
  Save the Date: Thursday, November 8th (every second Thursday of the month) Schedule: 6:30 – 7:30 pm, for ages 3-5, with their caregivers

- Preschool Storytime
  
  Preschoolers can enjoy stories and early literacy activities, such as songs, fingerplays, a craft, games, and poetry.

- Built By Imagination
  
  Wednesdays at 3:30 – 4:30 pm, for ages 3-12

- Build with Lego Classics, Lego Duplo, and Bristle Blocks.

**FREE Clothiing Giveaway and…**

**Second Saturday of the Month**

10 a.m. to 2 p.m.

Woodberry Church of the Brethren
W. 36th and Poole Streets
(Please use basement door entrance.)

**News from the Hampden Library**

By Devon Ellis

Baby and Toddler Storytime

Wednesday mornings at 10:30 – 11:00 am, birth to 36 months, with their caregivers

Bring Babies and Toddlers to the library to enjoy our lap program, with music, rhythm, songs, fingerplays, nursery rhymes, a story, and movement.

Preschool Storytime

Thursday evenings at 6:30 – 7:00 pm, for ages 3-5, with their caregivers

Preschoolers can enjoy stories and early literacy activities, such as songs, fingerplays, a craft, games, and poetry.

**Enviro Drum Performance**

Friday, November 2nd at 3:30pm to 4:30pm, for children, teens, and families with kids

"Enviro DRUM of MARYLAND USA": Play, Create, Captivate! "Enviro Drum" is a professional percussion band that performs using ordinary household items as percussion instruments. Their regular theme—"reduce, reuse, recycle"—will be broadened to incorporate themes of peace and anti-gun violence during the Baltimore Ceasefire / One Book weekend. The performance will be followed by a "Peace-a’ party!" (pizza!)

**Services at the Hampden Library**

- Public computers with Internet access
- Free Wi-Fi
- A computer with children’s programs
- Graphic novels for kids, teens, and all ages
- Events, including weekly baby and toddler interactive lap programs

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(Please use basement door entrance.)
Are you open to meeting new people? Do you have a special skill or talent and want to share it with others? Thread is weaving a new social fabric in Baltimore, and we are looking for volunteers to help us. We build a movement that disrupts the pattern of social isolation by enrolling 9th grade students who rank in the lowest 25 percent of their class academically and who face additional challenges outside of the classroom. The clean-up will form relationships between our members and ACCE students, and we are looking for more Hampden community members to volunteer with us as we prepare to welcome the new cohort of 16 ACCE Thread students in January! Since ACCE recently moved back to Hampden, we are excited for the opportunity to strengthen relationships between community members and ACCE students, but we need your help to do that. We are looking for volunteers to work with ACCE students, lead a team of volunteers, or support our organization as a resource team member based on your skills and expertise. If you have a lot of time or just a little, we can find a place for you in our community. Email volunteer@thread.org to find out more and get started on your Thread journey!

### Hampden Holidays at Family Center

The Hampden Community Council will be collecting toys for the Family Center to give to neighborhood children for the holiday season. Please donate an unwrapped toy valued at $10.00 or less for either a boy or girl who is in need. HCC will collect these toys at the October and November General Meetings held on the last Monday of each month. Collected toys will be delivered to the Hampden Family Center to be given to the children.

Make a child’s holiday special this year.

### Clean and Green Committee Updates

At the last Clean and Green Committee meeting, Chief Cason and our DPW Rep. Terrance were able to attend. They covered Baltimore recent deployment of public solar powered trash compactors. Sadly, while the hype of the trash cans providing free public WiFi won’t happen, the new units will be able to communicate with DPW when they are full. This should allow for more targeted clean up efforts and planning. New cans for recycling will also be coming out, but they won’t be compostable.

### Zoning & Land Use Committee Updates

The Baltimore City Board of Municipal Zoning Appeals (BMZA) heard appeals for variances of the lot coverage and side yard setback requirements related to the proposal on September 4. The BMZA approved the variances, despite the written opposition of the HCC. On October 18, the Baltimore City Planning Commission held a hearing to consider the proposal to subdivide the properties at 3550 and 3600 Ash Street into five parcels and the proposed site plan. Despite the vigorous opposition of the HCC in a letter to the Planning Commission and the efforts of neighbors and community members at the hearing, the Planning Commission voted to approve the proposed subdivision and plans. The HCC will continue to monitor this development project and will keep neighbors and community members informed of significant news.

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**Keswick’s Wise & Well Center for Healthy Living is NOW OPEN!**

**Membership Features and Benefits**

- Members-only access to 14,000 square feet of spaces nurturing growth and infinite potential with a mile marker check to ensure you’re on course:
  - Active/fitness
  - Culinary arts
  - Classroom and group learning
  - Gardening
  - Visual arts

**New Classes Coming in November!**

- Membership Costs: $60 yearly fee
- Interested? Contact us at: CommunityHealth@ChooseKeswick.org or call us at 410.662.4363

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700 W 40th St. Baltimore, MD 21211

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**Hampden Holidays at Family Center**

*By Hampden Community Council / Photo courtesy of United Way of Greater St. Louis*

**Zoning with Thread**

*By Arshia Sethi / Volunteer and Student Enrollment Manager at Thread / www.thread.org*
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Bryan Harrison
Branch Manager, NMLS # 115385
Cell: 443-244-3153
1190 Winterson Road, Ste 130
Linthicum, MD 21090
bharrison@nfmlending.com
www.nfmlending.com/bharrison

Christina Dudley
Realtor
Team Leader
Cell: 443-803-3876
Office: 410-464-5500
christina.dudley@penfedrealty.com

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